



TEACHING YOUNG AUSTRALIANS TO BE  
*mentally healthy*

---

# PARENT INFORMATION NIGHT

Come along to our **FREE** parent information  
night to learn more about methods to support  
mental health and wellbeing.

---

**WHEN:** Thursday 23 August 2018

**TIME:** 7:00 pm

**WHERE:** St Joseph's Primary School  
School Hall

---

**[THERESILIENCEPROJECT.COM.AU](http://THERESILIENCEPROJECT.COM.AU)**