

Engaging Adolescents

Parenting Program



A 3 week program for parents of 12 – 15 year olds.

Engaging Adolescents will:

- Help parents understand and cope better with the challenges of early adolescents
- Provide parents with information and skills for developing and maintaining trusting, positive relationships with their adolescents.

During sessions parents have the opportunity to discuss

- Family life with teenagers
- Normal phases and behaviour
- Sorting out behaviours
- PASTA strategy for teenagers
- Communication

Date: Thursday 15th, 22nd February and 1st March, 2018

Time: 6.30 – 8.30 pm

Venue: Centacare 142 Timor St, Warrnambool

Cost: \$6.50 (Workbook)

Bookings: Centacare Family Relationship Services

Essential: Family Relationship Practitioner

Marea Sholly

Phone: (03) 5559 3000

Email: marea.sholly@centacarewarrnambool.org.au



Engaging Adolescents
Marea Sholly
Family Relationship Educator
Phone: 03 5559 3000
www.centacareballarat.org.au