

CIRCLE OF SECURITY FOR GRANDPARENTS

A free parenting group program for grandparents and extended family of children aged 0 -12, focusing on understanding behaviour as a communication of a need, rather than trying to change behaviour using reward/punishment.

- Gain a better understanding and awareness of attachment-based approaches
- ✓ Understand your grandchild's emotional world by learning how to read their emotions
- ☑ Enhance the development of your grandchild's self-esteem
- Support your grandchild's ability to successfully manage their emotions
- Learn to be a secure base for a child the caregiver must be 'bigger, stronger, wiser and kind'

THURSDAYS, 16 OCT - 20 NOV | 6.30PM - 8.30PM CHILDREN'S SERVICES CENTRE 550-600 RAGLAN PARADE, WARRNAMBOOL VIC 3280

For enquiries email contact@warrnambool.vic.org.au or call (03) 5559 4747.

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