

# Circle of Security Parenting

## October 14 to November 18, 2025

*Supporting parents to build healthy and secure relationships with their children*

### Circle of Security will help you:

- Understand your child's emotional world by learning to read their emotional needs
- Enhance the development of your child's self-esteem
- Support your child's ability to successfully manage emotions

Circle of Security is a **FREE** program for parents and carers of children aged 0 - 12 years of age.

### TERM 3 2025

**Session 1:** Tuesday 14th October

**Session 2:** Tuesday 21st October

**Session 3:** Tuesday 28th October

**Session 4:** Tuesday 4th November

**Session 5:** Tuesday 11th November

**Session 6:** Tuesday 18th November

**2 hour sessions – you must commit to attend all 6 sessions.**

**Time: 6.30pm – 8.30pm**

**Where:** Children's Services Centre, Raglan Pde

**To register: [www.trybooking.com/DEYCY](http://www.trybooking.com/DEYCY)**



or for more information please contact Warrnambool City Council Children's and Family Services on 5559 4747

