



St Joseph's Primary

Middle/Senior School House Athletics Sports

Monday 2nd March, 2020

Please note that some times may alter on the day due to weather and/or other unforeseeable reasons.

	9:05	9:20	9:55	10:30	11:05	11:20	11:55	12:30	1:05	1:35	2:10	2:45	3:00pm
8/9 Yr Boys	House Warm Ups and Stretches	High Jump	Hurdles	100m	1st Break (15 mins)	200m	Shot Put	Discus	2nd Break (30 mins)	Long Jump	Triple Jump	House Teams	House Winners and Age Champions Announced
8/9 Yr Girls		Triple Jump	High Jump	Hurdles		100m	200m	Shot Put		Discus	Long Jump		
10 Year Boys		Long Jump	Triple Jump	High Jump		Hurdles	100m	200m		Shot Put	Discus		
10 Yr Girls		Discus	Long Jump	Triple Jump		High Jump	Hurdles	100m		200m	Shot Put		
11 Year Boys		Shot Put	Discus	Long Jump		Triple Jump	High Jump	Hurdles		100m	200m		
11 Yr Girls		200m	Shot Put	Discus		Long Jump	Triple Jump	High Jump		Hurdles	100m		
12/13 Year Boys		100m	200m	Shot Put		Discus	Long Jump	Triple Jump		High Jump	Hurdles		
12/13 Yr Girls		Hurdles	100m	200m		Shot Put	Discus	Long Jump		Triple Jump	High Jump		